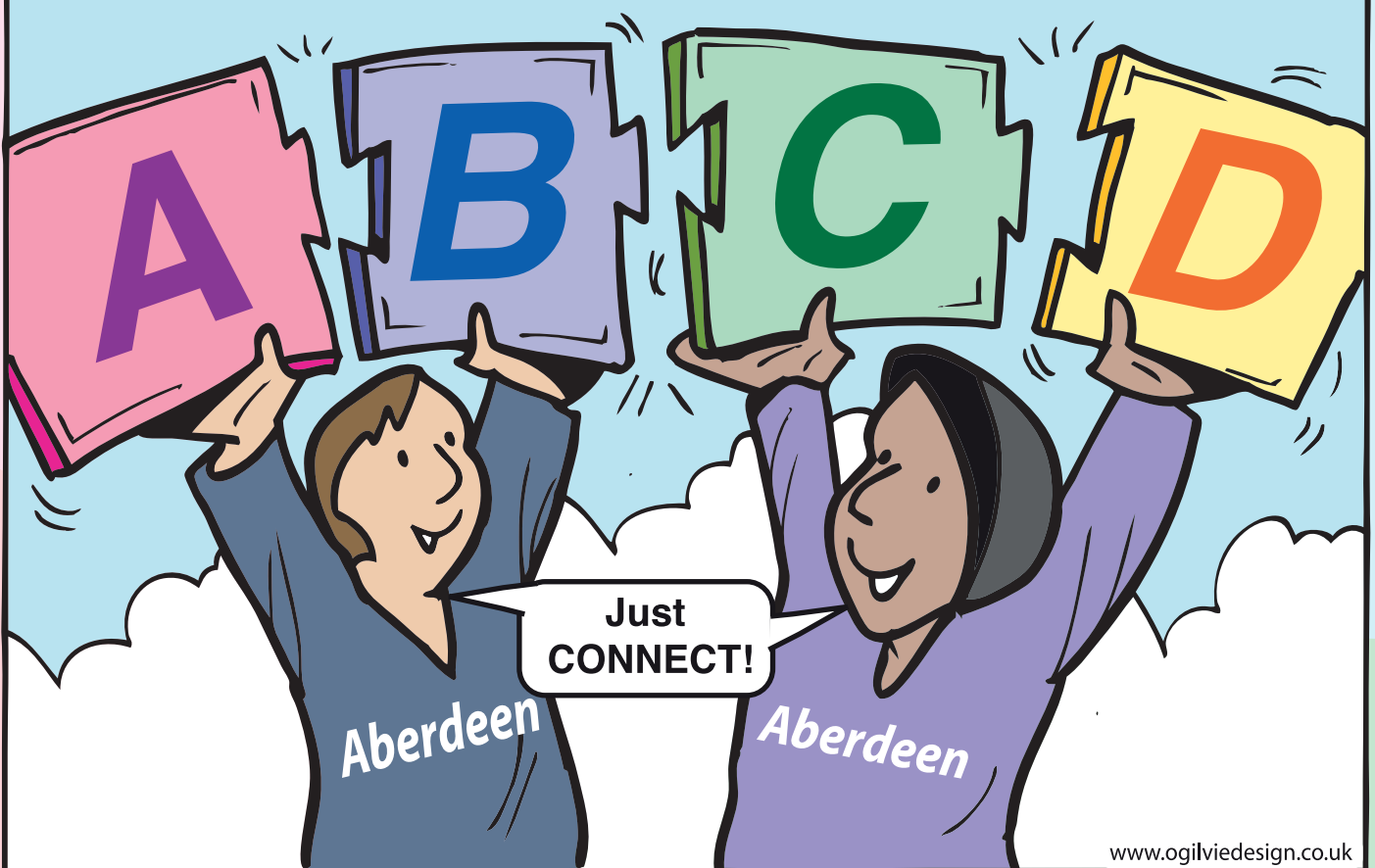




Aberdeen City Health & Social Care Partnership  
*A caring partnership*

## Asset Based Community Development . .



# Health & Social Care Calendar 2016



Change 'I' to 'we' ...

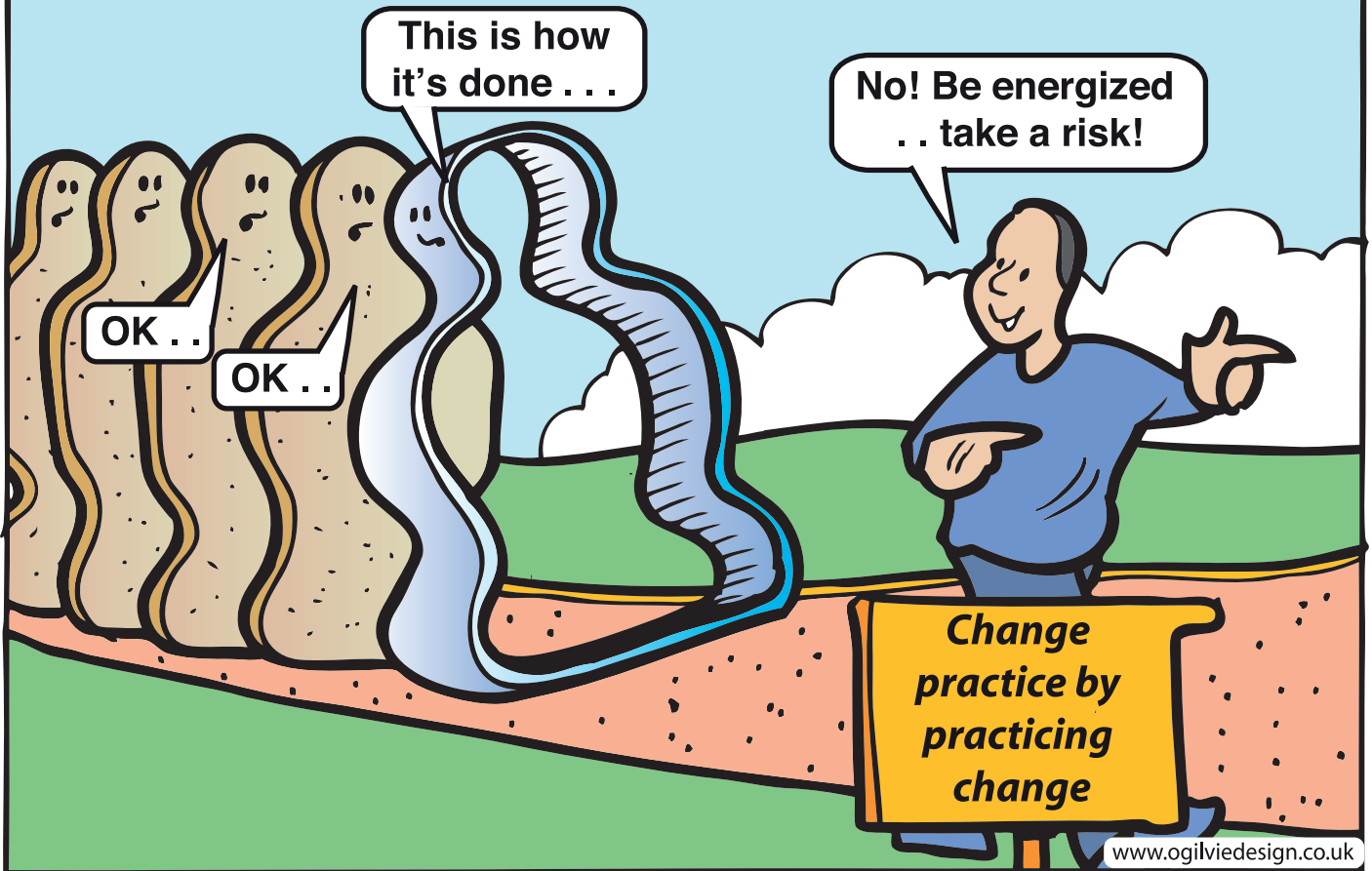


## JANUARY 2016

|           |    |
|-----------|----|
| Friday    | 1  |
| Saturday  | 2  |
| Sunday    | 3  |
| Monday    | 4  |
| Tuesday   | 5  |
| Wednesday | 6  |
| Thursday  | 7  |
| Friday    | 8  |
| Saturday  | 9  |
| Sunday    | 10 |
| Monday    | 11 |
| Tuesday   | 12 |
| Wednesday | 13 |
| Thursday  | 14 |
| Friday    | 15 |
| Saturday  | 16 |

|           |    |
|-----------|----|
| Sunday    | 17 |
| Monday    | 18 |
| Tuesday   | 19 |
| Wednesday | 20 |
| Thursday  | 21 |
| Friday    | 22 |
| Saturday  | 23 |
| Sunday    | 24 |
| Monday    | 25 |
| Tuesday   | 26 |
| Wednesday | 27 |
| Thursday  | 28 |
| Friday    | 29 |
| Saturday  | 30 |
| Sunday    | 31 |

We have to FREE ourselves . . .

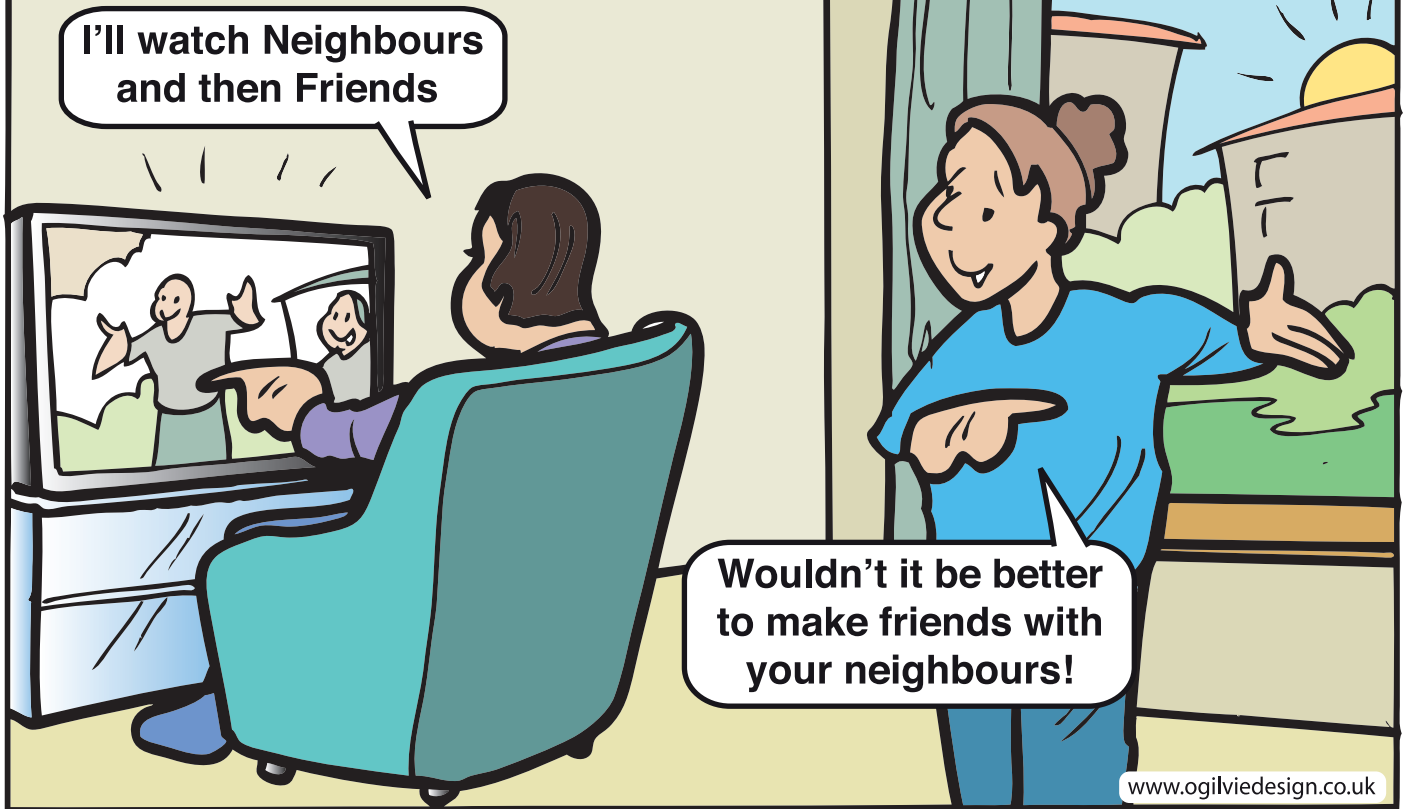


## FEBRUARY 2016

|           |    |
|-----------|----|
| Monday    | 1  |
| Tuesday   | 2  |
| Wednesday | 3  |
| Thursday  | 4  |
| Friday    | 5  |
| Saturday  | 6  |
| Sunday    | 7  |
| Monday    | 8  |
| Tuesday   | 9  |
| Wednesday | 10 |
| Thursday  | 11 |
| Friday    | 12 |
| Saturday  | 13 |
| Sunday    | 14 |
| Monday    | 15 |
| Tuesday   | 16 |

|           |    |
|-----------|----|
| Wednesday | 17 |
| Thursday  | 18 |
| Friday    | 19 |
| Saturday  | 20 |
| Sunday    | 21 |
| Monday    | 22 |
| Tuesday   | 23 |
| Wednesday | 24 |
| Thursday  | 25 |
| Friday    | 26 |
| Saturday  | 27 |
| Sunday    | 28 |
| Monday    | 29 |

# Connecting the community

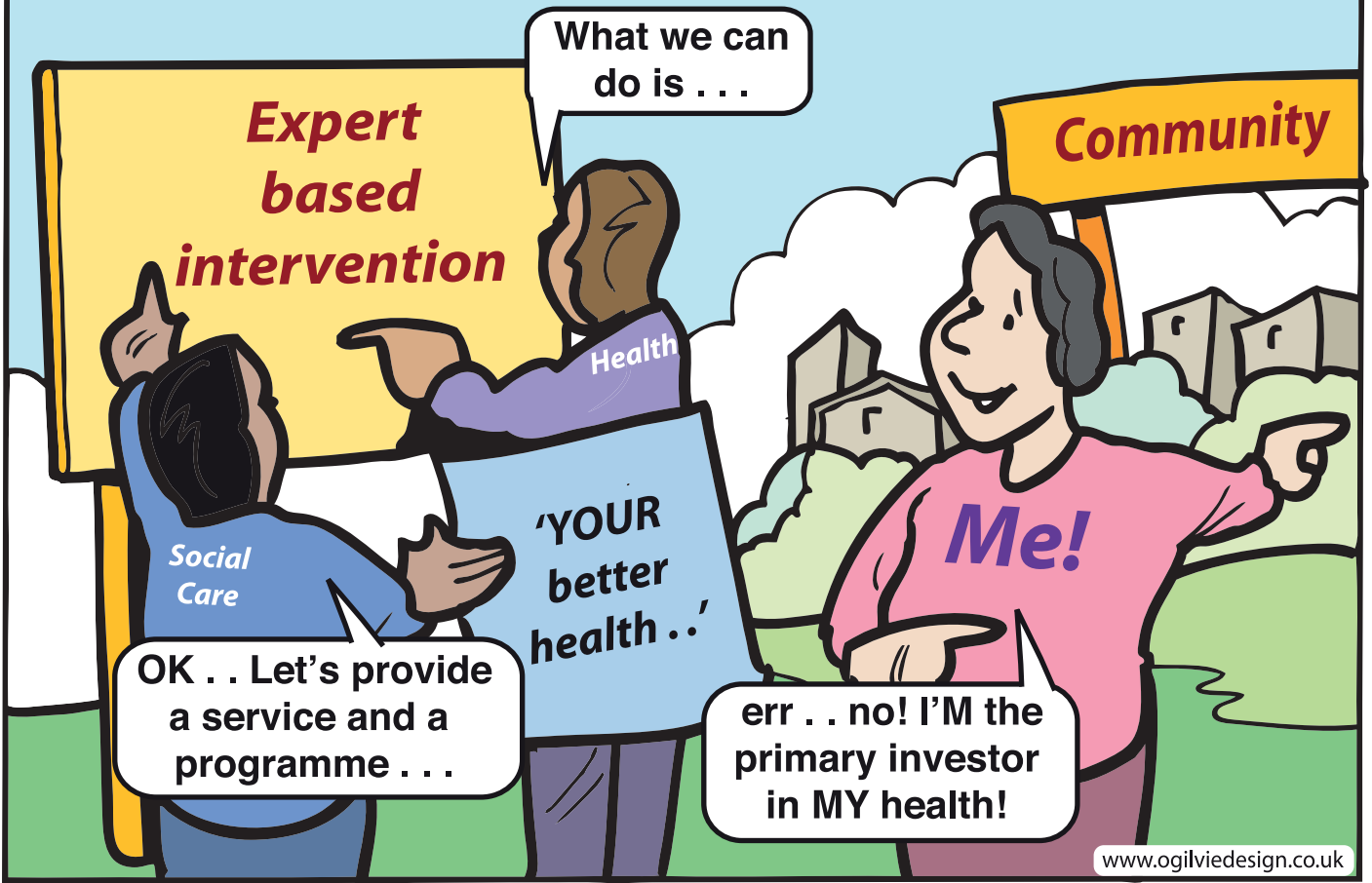


## MARCH 2016

|           |    |
|-----------|----|
| Tuesday   | 1  |
| Wednesday | 2  |
| Thursday  | 3  |
| Friday    | 4  |
| Saturday  | 5  |
| Sunday    | 6  |
| Monday    | 7  |
| Tuesday   | 8  |
| Wednesday | 9  |
| Thursday  | 10 |
| Friday    | 11 |
| Saturday  | 12 |
| Sunday    | 13 |
| Monday    | 14 |
| Tuesday   | 15 |
| Wednesday | 16 |

|           |    |
|-----------|----|
| Thursday  | 17 |
| Friday    | 18 |
| Saturday  | 19 |
| Sunday    | 20 |
| Monday    | 21 |
| Tuesday   | 22 |
| Wednesday | 23 |
| Thursday  | 24 |
| Friday    | 25 |
| Saturday  | 26 |
| Sunday    | 27 |
| Monday    | 28 |
| Tuesday   | 29 |
| Wednesday | 30 |
| Thursday  | 31 |

**'Health' isn't produced by a doctor or a pill**

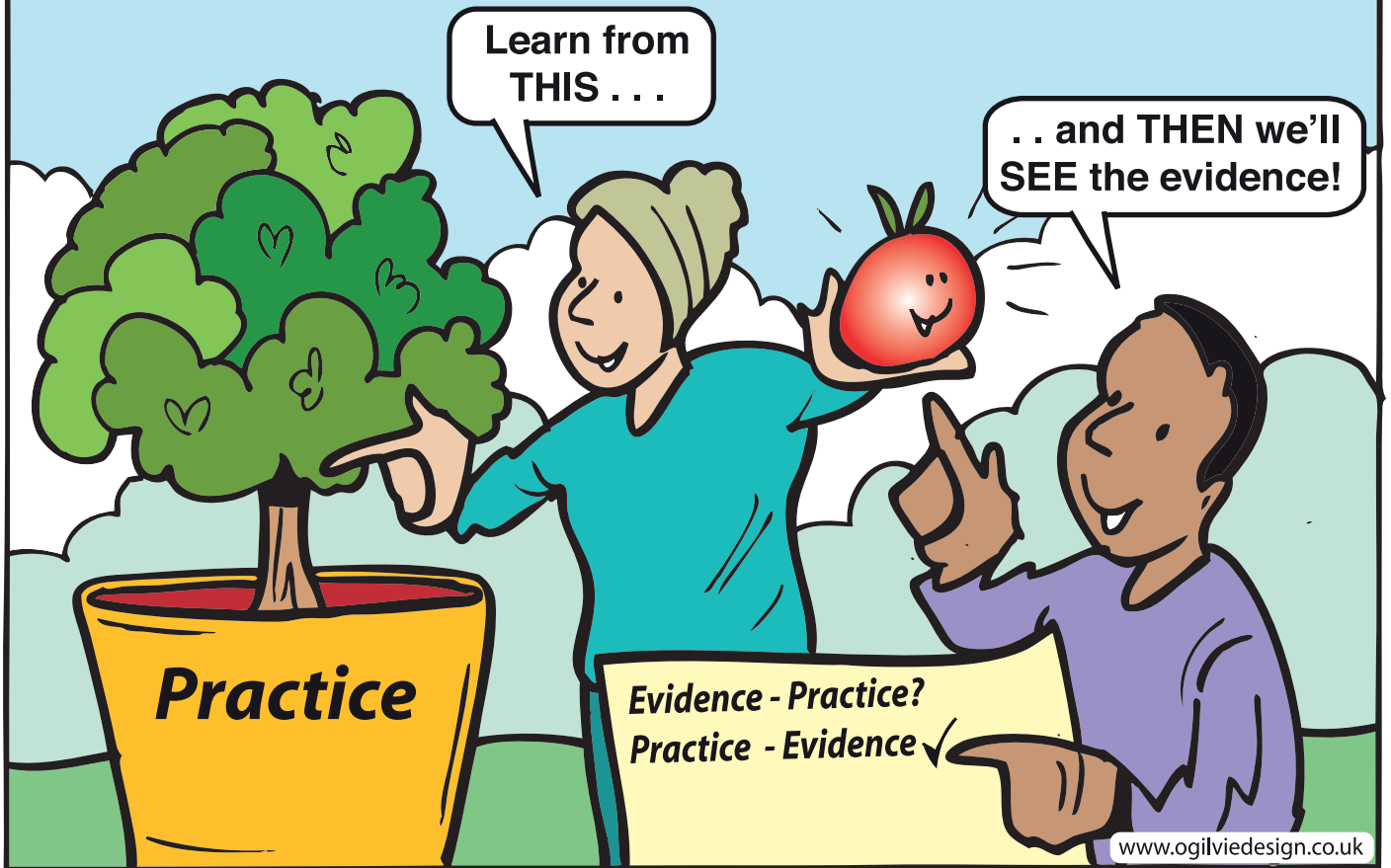


**APRIL 2016**

|           |    |
|-----------|----|
| Friday    | 1  |
| Saturday  | 2  |
| Sunday    | 3  |
| Monday    | 4  |
| Tuesday   | 5  |
| Wednesday | 6  |
| Thursday  | 7  |
| Friday    | 8  |
| Saturday  | 9  |
| Sunday    | 10 |
| Monday    | 11 |
| Tuesday   | 12 |
| Wednesday | 13 |
| Thursday  | 14 |
| Friday    | 15 |
| Saturday  | 16 |

|           |    |
|-----------|----|
| Sunday    | 17 |
| Monday    | 18 |
| Tuesday   | 19 |
| Wednesday | 20 |
| Thursday  | 21 |
| Friday    | 22 |
| Saturday  | 23 |
| Sunday    | 24 |
| Monday    | 25 |
| Tuesday   | 26 |
| Wednesday | 27 |
| Thursday  | 28 |
| Friday    | 29 |
| Saturday  | 30 |

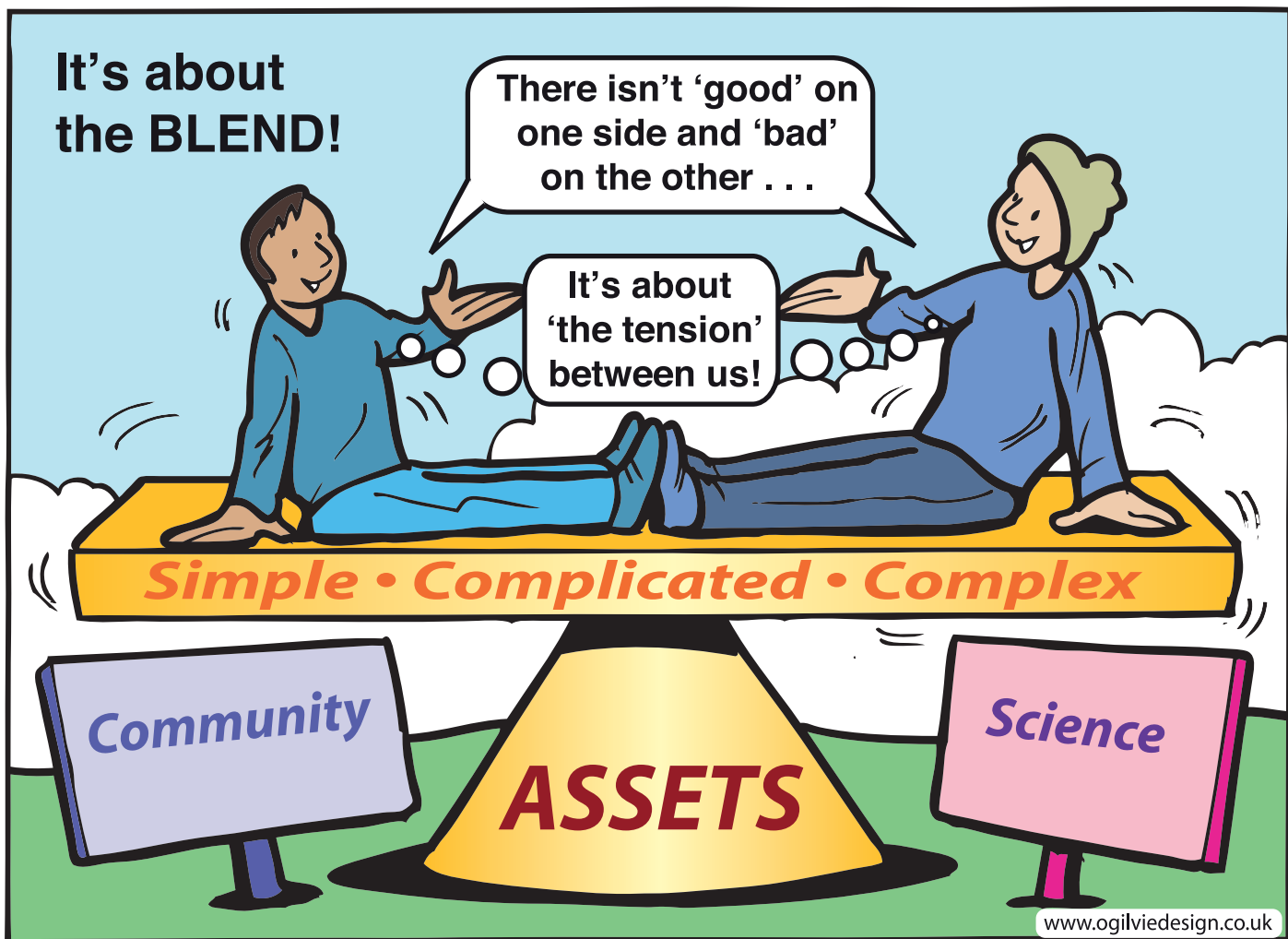
# Let's learn to grow good practice



## MAY 2016

|           |    |
|-----------|----|
| Sunday    | 1  |
| Monday    | 2  |
| Tuesday   | 3  |
| Wednesday | 4  |
| Thursday  | 5  |
| Friday    | 6  |
| Saturday  | 7  |
| Sunday    | 8  |
| Monday    | 9  |
| Tuesday   | 10 |
| Wednesday | 11 |
| Thursday  | 12 |
| Friday    | 13 |
| Saturday  | 14 |
| Sunday    | 15 |
| Monday    | 16 |

|           |    |
|-----------|----|
| Tuesday   | 17 |
| Wednesday | 18 |
| Thursday  | 19 |
| Friday    | 20 |
| Saturday  | 21 |
| Sunday    | 22 |
| Monday    | 23 |
| Tuesday   | 24 |
| Wednesday | 25 |
| Thursday  | 26 |
| Friday    | 27 |
| Saturday  | 28 |
| Sunday    | 29 |
| Monday    | 30 |
| Tuesday   | 31 |

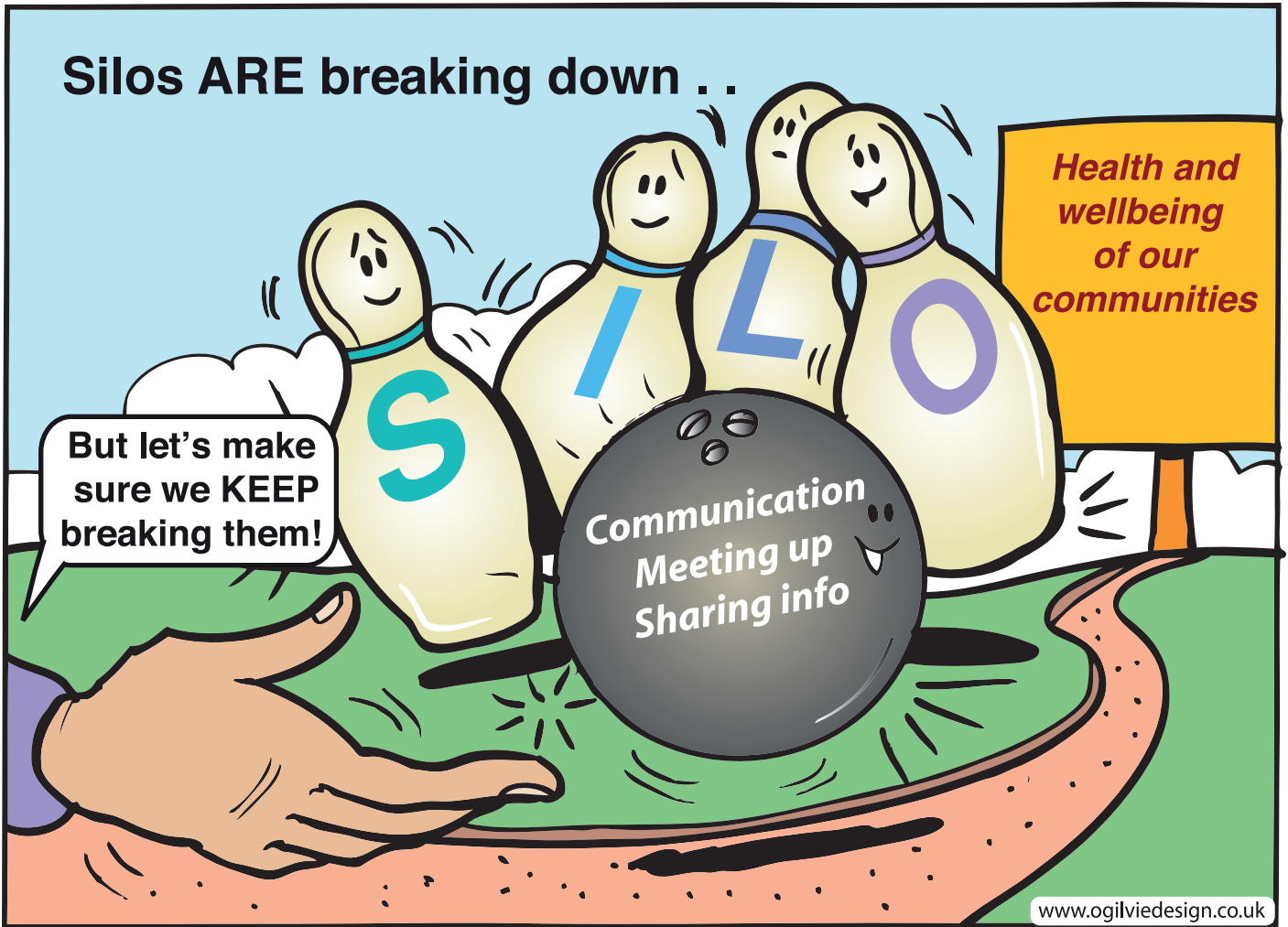


**JUNE 2016**

|           |    |
|-----------|----|
| Wednesday | 1  |
| Thursday  | 2  |
| Friday    | 3  |
| Saturday  | 4  |
| Sunday    | 5  |
| Monday    | 6  |
| Tuesday   | 7  |
| Wednesday | 8  |
| Thursday  | 9  |
| Friday    | 10 |
| Saturday  | 11 |
| Sunday    | 12 |
| Monday    | 13 |
| Tuesday   | 14 |
| Wednesday | 15 |
| Thursday  | 16 |

|           |    |
|-----------|----|
| Friday    | 17 |
| Saturday  | 18 |
| Sunday    | 19 |
| Monday    | 20 |
| Tuesday   | 21 |
| Wednesday | 22 |
| Thursday  | 23 |
| Friday    | 24 |
| Saturday  | 25 |
| Sunday    | 26 |
| Monday    | 27 |
| Tuesday   | 28 |
| Wednesday | 29 |
| Thursday  | 30 |

# Silos ARE breaking down . . .

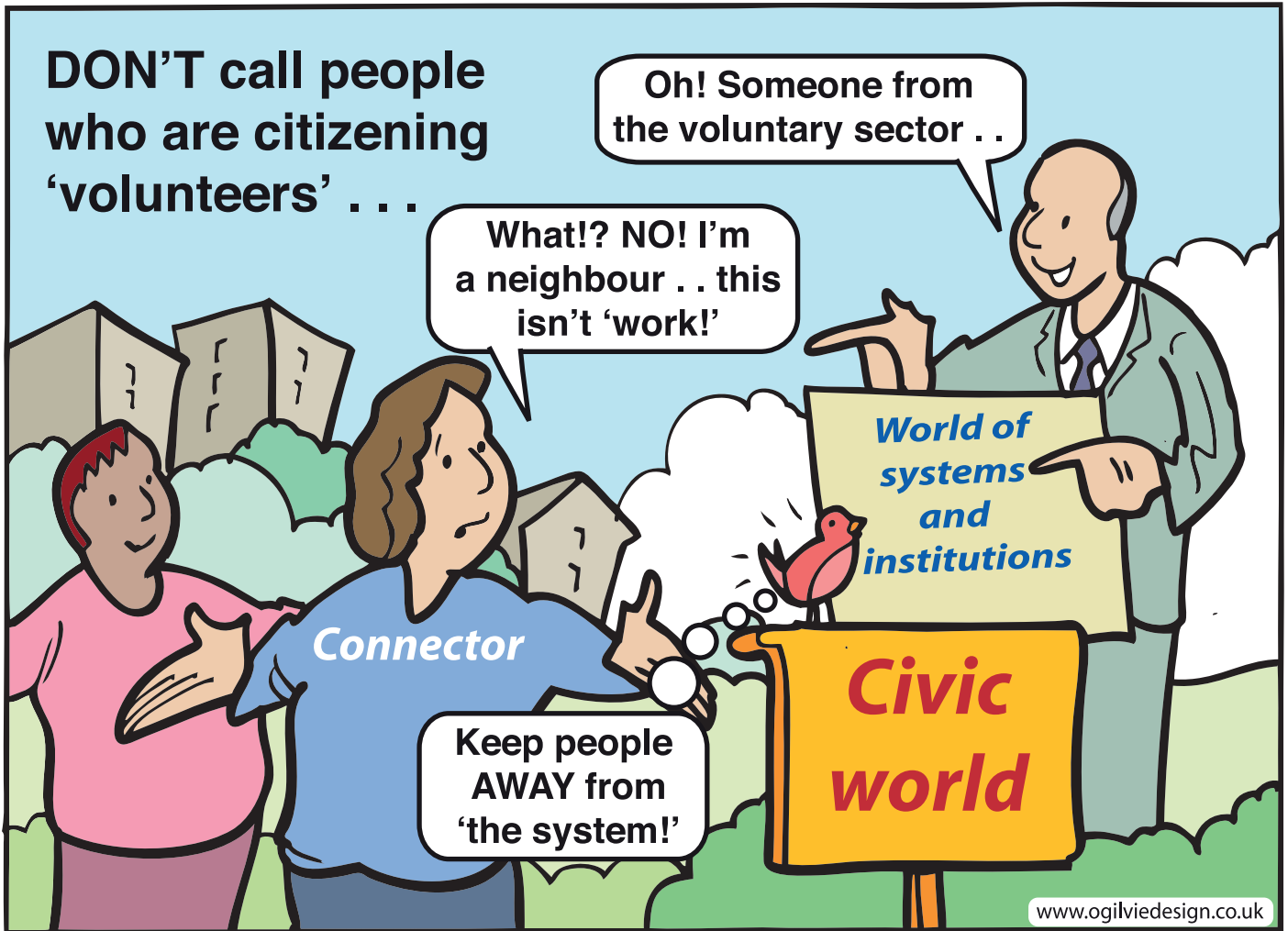


## JULY 2016

|           |    |
|-----------|----|
| Friday    | 1  |
| Saturday  | 2  |
| Sunday    | 3  |
| Monday    | 4  |
| Tuesday   | 5  |
| Wednesday | 6  |
| Thursday  | 7  |
| Friday    | 8  |
| Saturday  | 9  |
| Sunday    | 10 |
| Monday    | 11 |
| Tuesday   | 12 |
| Wednesday | 13 |
| Thursday  | 14 |
| Friday    | 15 |
| Saturday  | 16 |

|           |    |
|-----------|----|
| Sunday    | 17 |
| Monday    | 18 |
| Tuesday   | 19 |
| Wednesday | 20 |
| Thursday  | 21 |
| Friday    | 22 |
| Saturday  | 23 |
| Sunday    | 24 |
| Monday    | 25 |
| Tuesday   | 26 |
| Wednesday | 27 |
| Thursday  | 28 |
| Friday    | 29 |
| Saturday  | 30 |
| Sunday    | 31 |





## AUGUST 2016

|           |    |
|-----------|----|
| Monday    | 1  |
| Tuesday   | 2  |
| Wednesday | 3  |
| Thursday  | 4  |
| Friday    | 5  |
| Saturday  | 6  |
| Sunday    | 7  |
| Monday    | 8  |
| Tuesday   | 9  |
| Wednesday | 10 |
| Thursday  | 11 |
| Friday    | 12 |
| Saturday  | 13 |
| Sunday    | 14 |
| Monday    | 15 |
| Tuesday   | 16 |

|           |    |
|-----------|----|
| Wednesday | 17 |
| Thursday  | 18 |
| Friday    | 19 |
| Saturday  | 20 |
| Sunday    | 21 |
| Monday    | 22 |
| Tuesday   | 23 |
| Wednesday | 24 |
| Thursday  | 25 |
| Friday    | 26 |
| Saturday  | 27 |
| Sunday    | 28 |
| Monday    | 29 |
| Tuesday   | 30 |
| Wednesday | 31 |



## SEPTEMBER 2016

|           |    |
|-----------|----|
| Thursday  | 1  |
| Friday    | 2  |
| Saturday  | 3  |
| Sunday    | 4  |
| Monday    | 5  |
| Tuesday   | 6  |
| Wednesday | 7  |
| Thursday  | 8  |
| Friday    | 9  |
| Saturday  | 10 |
| Sunday    | 11 |
| Monday    | 12 |
| Tuesday   | 13 |
| Wednesday | 14 |
| Thursday  | 15 |
| Friday    | 16 |

|           |    |
|-----------|----|
| Saturday  | 17 |
| Sunday    | 18 |
| Monday    | 19 |
| Tuesday   | 20 |
| Wednesday | 21 |
| Thursday  | 22 |
| Friday    | 23 |
| Saturday  | 24 |
| Sunday    | 25 |
| Monday    | 26 |
| Tuesday   | 27 |
| Wednesday | 28 |
| Thursday  | 29 |
| Friday    | 30 |

# Community development and connection



## OCTOBER 2016

|           |    |
|-----------|----|
| Saturday  | 1  |
| Sunday    | 2  |
| Monday    | 3  |
| Tuesday   | 4  |
| Wednesday | 5  |
| Thursday  | 6  |
| Friday    | 7  |
| Saturday  | 8  |
| Sunday    | 9  |
| Monday    | 10 |
| Tuesday   | 11 |
| Wednesday | 12 |
| Thursday  | 13 |
| Friday    | 14 |
| Saturday  | 15 |
| Sunday    | 16 |

|           |    |
|-----------|----|
| Monday    | 17 |
| Tuesday   | 18 |
| Wednesday | 19 |
| Thursday  | 20 |
| Friday    | 21 |
| Saturday  | 22 |
| Sunday    | 23 |
| Monday    | 24 |
| Tuesday   | 25 |
| Wednesday | 26 |
| Thursday  | 27 |
| Friday    | 28 |
| Saturday  | 29 |
| Sunday    | 30 |
| Monday    | 31 |



## NOVEMBER 2016

|           |    |
|-----------|----|
| Tuesday   | 1  |
| Wednesday | 2  |
| Thursday  | 3  |
| Friday    | 4  |
| Saturday  | 5  |
| Sunday    | 6  |
| Monday    | 7  |
| Tuesday   | 8  |
| Wednesday | 9  |
| Thursday  | 10 |
| Friday    | 11 |
| Saturday  | 12 |
| Sunday    | 13 |
| Monday    | 14 |
| Tuesday   | 15 |
| Wednesday | 16 |

|           |    |
|-----------|----|
| Thursday  | 17 |
| Friday    | 18 |
| Saturday  | 19 |
| Sunday    | 20 |
| Monday    | 21 |
| Tuesday   | 22 |
| Wednesday | 23 |
| Thursday  | 24 |
| Friday    | 25 |
| Saturday  | 26 |
| Sunday    | 27 |
| Monday    | 28 |
| Tuesday   | 29 |
| Wednesday | 30 |



**DECEMBER 2016**

|           |    |
|-----------|----|
| Thursday  | 1  |
| Friday    | 2  |
| Saturday  | 3  |
| Sunday    | 4  |
| Monday    | 5  |
| Tuesday   | 6  |
| Wednesday | 7  |
| Thursday  | 8  |
| Friday    | 9  |
| Saturday  | 10 |
| Sunday    | 11 |
| Monday    | 12 |
| Tuesday   | 13 |
| Wednesday | 14 |
| Thursday  | 15 |
| Friday    | 16 |

|           |    |
|-----------|----|
| Saturday  | 17 |
| Sunday    | 18 |
| Monday    | 19 |
| Tuesday   | 20 |
| Wednesday | 21 |
| Thursday  | 22 |
| Friday    | 23 |
| Saturday  | 24 |
| Sunday    | 25 |
| Monday    | 26 |
| Tuesday   | 27 |
| Wednesday | 28 |
| Thursday  | 29 |
| Friday    | 30 |
| Saturday  | 31 |